

CARLETON GRILL PRESENTS

ENTREES

Half Rack of Lamb Marinated with Rosemary	35
Cassoulet of Provençal tomato, sautéed zucchini, onion confit and eggplant, fondant potato, rosemary and Dijon mustard sauce	
Fire Grilled Filet Mignon AAA (8oz)	36
Mushroom ragout, chive mashed potatoes and seasonal vegetables	
New York Strip Steak	24
Sweet herb butter, fingerling potatoes and seasonal vegetables	
Tagliatelle Pasta	19
Tossed with homemade dried tomatoes, roasted garlic, Portobello mushrooms bocconcini cheese, artichoke, fresh basil	
Pan Seared Rainbow Trout	29
Sautéed shrimp with smoked Spanish paprika, grapefruit pearl, cherry tomatoes Sautéed fingerling potatoes, baby spinach roasted garlic and tomato juice Emulsified with virgin olive oil	
Trio of Tiger Shrimps, Bay Scallop and Clams	32
Traditional risotto with parmesan, green pea, double smoked bacon and asparagus	
Pork Tenderloin	32
Marinated in cider vinegar, barley risotto with mascarpone and sautéed shiitake mushrooms, baby carrots vichyssoise, crispy parmesan and poultry reduction	
Quarter Chicken "White Coq au Vin" Style	25
Mushrooms, pearl onions, fondant potato and mixed organic salad	

APPETIZERS

Today's Soup	8
Daily selection from the Sheraton hotel collection	
Shrimps Ceviche	16
Marinated with fresh coriander, tomato, onion, lime and lemon jus, served on cucumber julienne, avocado, mixed organic greens, extra virgin olive oil and balsamic vinaigrette	
Caprese	14
Tomato, buffalo mozzarella, mixed organic greens, drizzled with extra virgin olive oil and balsamic vinaigrette	
Mixed Organic Salad	10
Extra virgin olive oil and balsamic vinaigrette, baby vegetables	

SALAD BOWLS

California Cobb	17
Chopped grilled chicken, smoked bacon, egg, avocado, tomato, blue cheese crumble and champagne vinaigrette	
Tuna Niçoise	18
Romaine, green beans, roasted red peppers, onion and tomato vinaigrette	
Traditional Caesar Salad	12
Crisp romaine lettuce hearts, bacon, parmesan, croutons and caesar dressing	
Add chicken skewers 4	
Add shrimp skewers 6	

SIDE DISHES

Traditional Caesar Salad	4
Crisp romaine lettuce hearts, bacon, parmesan, croutons and caesar dressing	
Mixed Organic Salad	4
Extra virgin olive oil and balsamic vinaigrette, baby vegetables	
Basmati Rice	4
French Fries	4
Vegetable Medley	4

CARLETON GRILL'S FAMOUS LUNCH BUFFET MONDAY TO FRIDAY 23

SANDWICHES

Signature Gourmet Sandwich	23
Today's soup Freshly baked multigrain French baguette Sliced fire-grilled filet mignon AAA (4 oz.), caramelized onions and mushrooms, truffle red wine sauce	
Homemade potato chips, green bean salad with truffle mayonnaise, mixed green salad with olive oil balsamic vinaigrette	

Carleton Clubhouse	16
Sliced chicken breast, grilled bacon, tomato, lettuce and mayonnaise	
All-Beef Classic Burger	18
Half-pound patty, aged cheddar, tomato and lettuce	
Caprese Sandwich on Artisanal Whole Grain Bread	14
Tomato, buffalo mozzarella, fresh basil with extra virgin olive oil and pesto	
Chicken Caesar Wrap	16
Crisp romaine lettuce, tomato, shaved Parmesan cheese wrapped in a flour tortilla	
Sandwiches Include a Choice of: Mixed Market Salad/ Caesar Salad/Soup or French Fries	
Add Soup of the Day	4

SWEET MOMENT

Crème Brûlée Duo	10
Classic petit pot, caramel and vanilla	
Chocolate Hazelnut Dome	10
Almond biscuit, chocolate mousse, praline mousse, topped with chocolate ganache	
Market Fresh Berries	8
Cherry essence, Greek yogurt, almonds and basil	
New York Style Cheesecake	9
Strawberry and raspberry coulis	
Famous Sheraton banana split	9
Chocolate and vanilla ice cream, warm maple banana, chocolate sauce and whipped cream	